



**NIRMALA PUBLIC SCHOOL
MUVATTUPUZHA**



STUDENTS' ORIENTATION CLASSES 2019 – 2020

2019 MAY 27 & 28 - CLASSES IX, X, XI & XII

27.05.2019 - MONDAY

- 9.30 AM – 12.45PM : **HOW TO BE A MODEL STUDENT**
Mr. GEORGEKUTTY AUGUSTHY (TRAINER)
- 1.30 PM – 3.45 PM : **RESPONSIBLE YOUTH**
Mr. FRANCIS MOOTHEDAN
(Chief Trainer, MOSC Medical College, Kolenchery)

28.05.2019 - TUESDAY

- 9.30 AM – 11.30 AM : **MOTIVATIONAL TALK**
Mr. JOBY MATHEW (INTERNATIONAL MOTIVATOR)
- 11.45 AM – 1.00 PM : **DAILY FOOD HABITS**
DR. RASHEENA ANCIL (Dietician)
- 1.45 PM – 3.45 PM : **JOYFULL LEARNING** - Mr. PAYIPRA DAMANON

2019 MAY 29 & 20 - CLASSES V, VI, VII & VIII

29.05.2019 – WEDNESDAY

- 9.30 AM – 11.30 AM : **MOTIVATIONAL TALK**
Mr. JOBY MATHEW – INTERNATIONAL MOTIVATOR
- 11.45 AM – 1.00 PM : **TRUST IN GOD** - REV. FR. JOSEPH KOONANICKAL
- 1.45 AM – 3.45 PM : **BRING OUT THE BEST IN YOU** - Mr. JAISON ARACKAL

30.05.2019 – THURSDAY

9.30 AM – 11.00 AM

- CLASSES 5 & 6 : **HEALTHY FRIENDSHIPS** - Mr. FRANCIS MOOTHEDAN
- CLASSES 7 & 8 : **HEALTHY FOOD HABITS**
Ms. MANJUMOL JOSE
(Chief Dietician MOSC Medical College, Kolenchery)

11.45 AM – 12.45 PM

- CLASSES 5 & 6 : **HEALTHY FOOD HABITS** - Mr. MANJUMOL JOSE
- CLASSES 7 & 8 : **HAPPY ADOLESCENCE** - Mr. FRANCIS MOOTHEDAN

1.30 PM – 3.45 PM

- : **JOYFULL LEARNING** - Mr. PAYIPRA DAMANON

PARENTS' MEETING

2019 May 27 - Classes IX, X, XI & XII

- 1.30 PM – 3.30 PM : Mr. GEORGEKUTTY AUGUSTHY

2019 May 29 - Classes V, VI, VII & VIII

- 1.30 PM – 3.30 PM : ADV. CHARLY PAUL MA, LLB.